

FRESHMAN SURVIVAL GUIDE

WELCOME FRESHMEN!

Worrying about beginning the next phase of your life as a college student? This document is just what you need! We have compiled a range of information and links to much more with the goal of making your transition from high school to college as smooth as possible. From doing laundry, to making new friends, to going home for breaks, we have tried to cover everything—check out the links to the left. If you have any further questions about UD or art conservation or college in general, feel free to join the UD Art Conservation Club [Facebook page](#) and ask us!



An Art Conservation Club Event!

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GET INVOLVED!

Events and Activities

Events and activities are commonly posted on the [Events](#) page of the [Student Central website](#). University organizations host a wide range of events, including movies, concerts, theater productions, dances, multicultural activities, art shows, lectures, races, fundraisers, blood drives, trips, and so on. There is something going on every week!

The [Student Centers](#), Trabant (on central campus) and Perkins (between south central and east campus), are a great place to look for events and activities. [SCPAB](#) (Student Centers Program Advisory Board) hosts movies in the Trabant theater on Wednesday nights for free and on the weekends for \$3. There is a Comedian Coffeehouse on Tuesday nights in Perkins. Wednesdays outside of Trabant, weather permitting, students can listen to acoustic musicians for free as part of Tunes in Trabant. SCPAB organizes a major concert each semester as well. Past performers include FUN, Ed Sheeran, Wiz Khalifa, and Aaron Carter. SCPAB has also brought comedians like Bo Burnham and B.J. Novak to perform at UD.

Student Organizations and Clubs

The University of Delaware has over 300 different [registered student organizations](#) encompassing almost everything. There are clubs for all of the different majors and minors that UD offers, clubs for sports, religious organizations, mock trial, ballroom and swing dancing, Best Buddies and other national service organizations, leadership programs, board games, chocolate, raising seeing-eye dogs, designing and making skateboards, a cappella groups, LGBTQQIAA organizations and support groups, knitting and crocheting, outdoor adventure club, etc. And if you can think of something else, you can [start your own](#) club!



An Art Conservation Club event with a living painting theme!

UD has 43 fraternities and sororities and about 20% of the UD population belong to a Greek organization. To learn more about Greek life and rushing, check out their [website](#).

Fitness, Sports, and Games

The [Carpenter Sports Building](#) on the northern side of central campus houses a wide variety of student and staff fitness resources, including a pool, two gymnasiums, a volleyball court, racquetball courts, a rock-climbing wall, wallyball courts, a squash court, numerous treadmills, ellipticals, stationary bikes, step climbers, free weights, and weight machines.

- [UD Sports Games](#): for information on all of the different teams and their game schedules
- [The Hen Zone](#): in Perkins there are a variety of games available for students to play, including board games, video games, pool, ping pong, foosball, and air hockey

Music and Theater

- UD Department of Music: check out their [website](#) for a schedule of student and faculty music recitals and concerts
- Resident Ensemble Players: click [here](#) to explore their website and see the plays they perform on campus throughout the year
- UD student theater: [E-52](#) is an undergraduate theater group that performs three full-length plays a semester on campus

Venturing Outside of Delaware

- [University bus trips](#): USC (University Student Centers) offers bus trips for reduced prices to New York City, Baltimore, and Washington, D.C. Some of the trips are open itinerary, others include reduced price tickets to Broadway shows or tickets to sports games. They also offer a whitewater rafting trip in Pennsylvania in the spring.
- **Philadelphia**: Check out this [website](#) for the hours, admission fees, and free days of some of Philly's museums. There are numerous other museums and historical attractions throughout the city as well. Philadelphia also has [First Fridays](#). On the first Friday of each month, art galleries host open houses from 5-9pm. The [Philadelphia Zoo](#) is worth checking out, as are the sports games. Explore this [website](#) for more fun things to do in Philadelphia. (See the Transportation section for affordable ways to spend the day in Philly).
- **New York**: Check out this [website](#) for museums throughout the city and the days that they are free or have reduced admission rates. New York City is a great place to see plays and musicals, either Broadway or Off-Broadway productions. Times Square and downtown Manhattan are full of sights worth seeing and shops worth visiting and Yankees Stadium or Madison Square Garden are great places to go see a game. Central Park is a perfect place to hangout outside, walk around, eat lunch, as is the High Line. Look at this [website](#) for more ideas of what to do in NYC. (See the Transportation tab for affordable ways to spend the day in NYC).
- **Washington, D.C.:** The capital of the United States has a lot to offer. The White House, the Library of Congress and the Memorials are iconic sites to see. The National Mall is a great place to relax outside, walk around, and eat lunch. Also on the Mall is the Washington Monument, where you can take an elevator to the top and see the whole city spread out below you. There are a multitude of museums in D.C., both Smithsonian and otherwise. Many of the museums, the Memorials, and the zoo are free. Look at this [website](#) for more ideas of what to do in D.C. (See the Transportation tab for affordable ways to spend the day in Washington, D.C.).
- **Baltimore**: Check out this [website](#) for places to see and things to do in Baltimore. (See the Transportation tab for affordable ways to spend the day in Baltimore).

FOOD

Main Street is full of restaurants and shops, as well as great locations to study or hangout with friends. Click [here](#) to explore all that Main Street has to offer.



Students in Trabant food court

UD Dining Services

Click on the following links to find out more about the different dining locations on campus including hours of operation and menus!

- [Pencader Dining Hall](#) on north campus
- [Rodney Dining Hall](#) on west campus
- [Russell Dining Hall](#) on east campus
- [Trabant Food Court](#) in Trabant student center on central campus
- [The Scrounge](#) in Perkins student center on southeast campus
- [Bleecker St.](#) in the Morris Library on the south Green
- [Starbucks](#) in Smith Hall on South College Ave next to Kirkbride on central campus
- [Einstein Bros Bagels](#) in the ISE Lab on east campus
- [P.O.D. Market Pencader](#) on north campus
- [Roundhouse P.O.D. Express](#) on east campus
- [Gore P.O.D.](#) on central campus
- [P.O.D. Market Harrington](#) on east campus

Click [here](#) to learn about UD's meal plans and dining agreement, including information about UD's points and [flex](#) systems and where around campus each can be used. UD also offers an off-campus meal plan for students living in apartments. More information about the off-campus meal plan can be obtained at the Dining Services office in 153 Perkins Student Center in person or by calling them at 302-831-6761.

STUDENT HEALTH SERVICES

[Student Health Services](#) is located in Laurel Hall at the intersection of South College Avenue and East Park Place. This facility provides medical treatment and office consultation space for a variety of outpatient services. Read and click on the following links to learn more about the resources that UD's Health Services offer!



Laurel Hall

- [Healthy Hens](#) provides student health screenings, wellness promotion services and a variety of campus-wide-activities and educational outreach efforts that encourage **Healthy Exercise Nutrition and Sleep**
- [Medical Amnesty Policy](#) the University's Medical Amnesty/Good Samaritan Protocol states that if an individual seeks medical assistance for themselves or others due to his/her level of intoxication, the Office of Student Conduct may not pursue disciplinary sanctions against the student for violations of the Alcohol Policy of the Code of Conduct
- [Women's Health Services](#) and [Men's Health Services](#) provide information on routine gynecologic examination, Pap smears, contraceptive services, emergency contraception, pregnancy testing and counseling, STD testing and treatment, HPV vaccine, sexual assault, HIV testing, testicular cancer, steroid abuse, acne, smoking and tobacco use, etc.
- [Sexual Offense Support](#) is a volunteer organization dedicated to providing support to survivors of all forms of sexual assault, intimate partner violence, and stalking, as well as educating the University of Delaware community on these topics
- [Center for Counseling & Student Development](#) is the University of Delaware's mental health facility. Click here to get information on the center's counseling programs for personal, educational, individual, and group counseling

CAMPUS SAFETY

- **Office of Campus and Public Safety** Provides information on Environmental Safety, Research and Lab Safety, Fire Protection and Prevention, Safety Education Training Programs, Emergency Response, as well as Safety Committees
- **University of Delaware Police Services** Provides information on reporting a crime, lost and found, escort services, victim services, emergency care unit, etc.
- **Blue lights:** There are over 200 blue light emergency phones located around campus; at least one other blue light is visible from each blue light emergency phone. Blue lights are indicated by blue dots on this **Walkabout map** of the University campus



Students on campus

CAREER SERVICES

The [Career Services Center](#) strives to provide the highest quality comprehensive career services to all matriculated undergraduate and graduate students and alumni of the University of Delaware. The Career Center functions as a vital component in the total educational experience of students, primarily in the development and implementation of career and educational plans. Career Services fosters partnerships with employers, alumni, faculty, staff, administrators, and the greater community to increase their participation in providing opportunities for the career development of students.

Core Activities of Career Services

- Career programming and workshops
- Career advisement and guidance
- Networking events
- Employment opportunities
- Career experience
- Career resource information
- Employer development
- Technology training

[Blue Hen Careers](#) is UD's #1 place for UD students to search for full-time jobs, internships, volunteer opportunities, and access specialized career resources.

Other Useful Links

- [Resume and Cover Letter Samples](#)
- [Interview Preparation](#)
- [Learn About Networking](#)
- Start thinking about conservation internships: check out the [internships postings](#)

TRANSPORTATION

Campus, Local, and Regional Transportation Services

- The University runs a variety of [shuttle buses](#) throughout campus and Newark. Besides the regular daytime buses, there are also two different evening routes and a late route. Students can [track the shuttle buses](#) from their phones or laptops; they can find the location of all of the running buses in real time and the estimated arrival times of each bus for all of the listed stops
- Students and University organizations can rent UD [Motor Pool vehicles](#)
- Students over the age of 18 can rent a [Zipcar](#) for the day or for short-term trips
- There are three [Unicity Bus System](#) routes around campus and the city of Newark
- The [DART](#) buses run throughout the state of Delaware, including around campus and Newark
- The [Megabus](#) routes run throughout the United States and Canada. The Megabus stop at the University is the bus shelter in Parking Lot 6 on Laird Campus by the Christina Towers. A map can be found on the [Bus Stops](#) section of the Megabus website
- [SEPTA](#) (Southeastern Pennsylvania Transportation Authority) offers trains and buses in Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties
- [Amtrak](#) trains run across the United States. The University stop is the shelter alongside the train tracks where South College Avenue crosses the tracks. A map can be found on the [Stations](#) sections of the Amtrak website
- There are [Catch-A-Ride](#) bus lines that run from Newark to New York City and from New York City to SUNY schools throughout the state of New York. The Catch-A-Ride bus stop is located between the Trabant Parking Garage and the Trabant Student Center
- [My Bus Home](#) provides routes throughout New England
- University students, clubs, and the Newark community can request [charter buses](#)
- [Alternative transportation](#)



Gore bus stop on campus

WRITING TIPS

As you make the change from high school to college, it is important that your writing reflects this transition. You will be writing many different kinds of essays and assignments and will likely be exposed to new citation styles specific to your field of study. It is important to repeatedly check your writing for plagiarism; the most common form of plagiarism is accidental and unintended, but it is no less serious than intentionally using another person's words.

Writing a paragraph summarizing another person's work and then citing them only at the end of the paragraph is NOT a proper citation. You must make it obvious when you first start summarizing or paraphrasing ideas that are not your own; consider starting the paragraph with an attributive tag (According to _____, as _____ observes, one author defines, etc). Different citation styles have different rules regarding the placement of names, dates, and page numbers within the sentence.

Here are some general tips on professional writing versus casual writing:

Professional Writing

I and me usage discouraged

Only allowable contraction: it's

Include professional titles

Sexism should be avoided: use humankind, chairperson

Spell and grammar check essential

Citations crucial

Casual Writing

I and me usage appropriate

Contractions allowed

First-name basis allowable

Is sexism/racism ever good?

Depends on your sense of pride

Depends on your sense of honesty

Helpful links

- University of Delaware [Writing Center](#)
- University of Delaware Office of Student Conduct: [Academic Integrity](#)
- Amusing and informative [videos](#) on plagiarism by Rutgers University
- [Purdue Online Writing Lab](#)

UNIVERSITY ATTENDANCE POLICY



Smith lecture hall

Class Attendance and Excused Absences

3.1.13 Student Class Attendance and Excused Absences

This link will take you to the Class Attendance and Excused Absences section of the University of Delaware Faculty Handbook. This page defines expectations regarding religious holidays, inclement weather, illness/death, and short-term military duty.

MISCELLANEOUS



Art Conservation club prom: living paintings theme

- Learn about the [Office of Academic Enrichment](#), which provides individual tutoring, drop-in tutoring, group tutoring, study skills workshops, and more!
- **Study Skills Course (UNIV113):** This one-credit pass/fail course includes comprehensive coverage of strategies for successful studying, which are then put to use in a concurrent "target class" of the student's choice. While the course is aimed at freshmen and sophomores, exceptions can be made for other students when needed. Other one-credit pass/fails include **Critical Thinking (UNIV114)** and **Problem Solving (UNIV115)**
- [Course search:](#) to search for information about courses including times, locations, and seat availability
- [Course descriptions](#)
- [Studying abroad](#) is a great way to expand your awareness and knowledge of the economic, political, cultural and social aspects of countries around the world. Learn about the many [programs](#) that UD has to offer through the Institute for Global Studies Program!
- [Honors Program:](#) If you didn't get in to the Honors Program the first time around, didn't know about until you were already at UD, or are a transfer student to UD, it's not too late! Click [here](#) to learn how and when to apply as a current UD student
- Click [here](#) for helpful tips on doing laundry in your dorm! Each dorm has a different number of front-loading washing machines and dryers depending on the number of students; some residence halls have all of the machines on the lower level while others have several on each floor. The machines can be operated with quarters or more conveniently with a student's [Flex](#) account on their ID card
- [Campus mail:](#) where and how to send and pick up mail and packages
- [ID card:](#) capabilities of UD ID cards, including Flex and points accounts, and frequently asked questions
- [Office of the Registrar:](#) [class registration](#), [requesting official transcripts](#), [transfer credit information](#) (both credits prior to attending UD and credits taken while attending UD), [GPA calculator](#), [changing, adding, or dropping majors or minors](#), etc.